

“Building Our Sense of Community”

Shelton State Courier

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Shelton State Community College

Jan. 17, 2002- Feb. 6, 2002

Inside The Courier

In his column “Gouge O’ Life, Ben Herdman goes to New Orleans to bring in another strange year—pg. 2

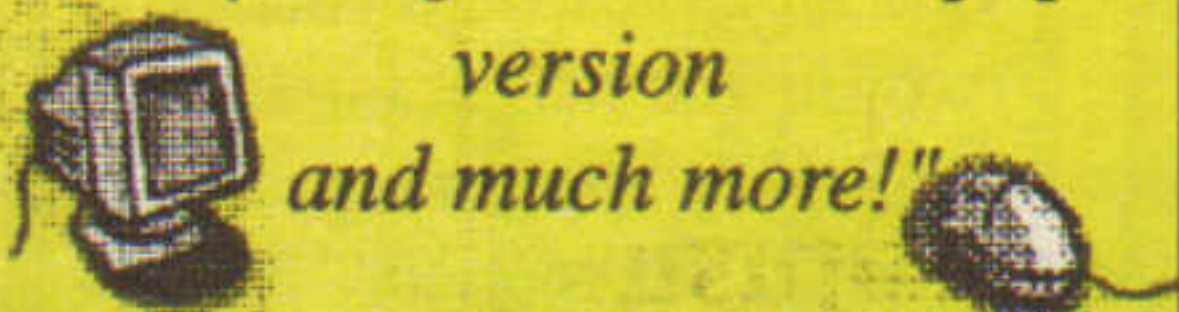
In **Buccaneer Sports** on pg. 4, the men’s and women’s basketball kick butts and take names...

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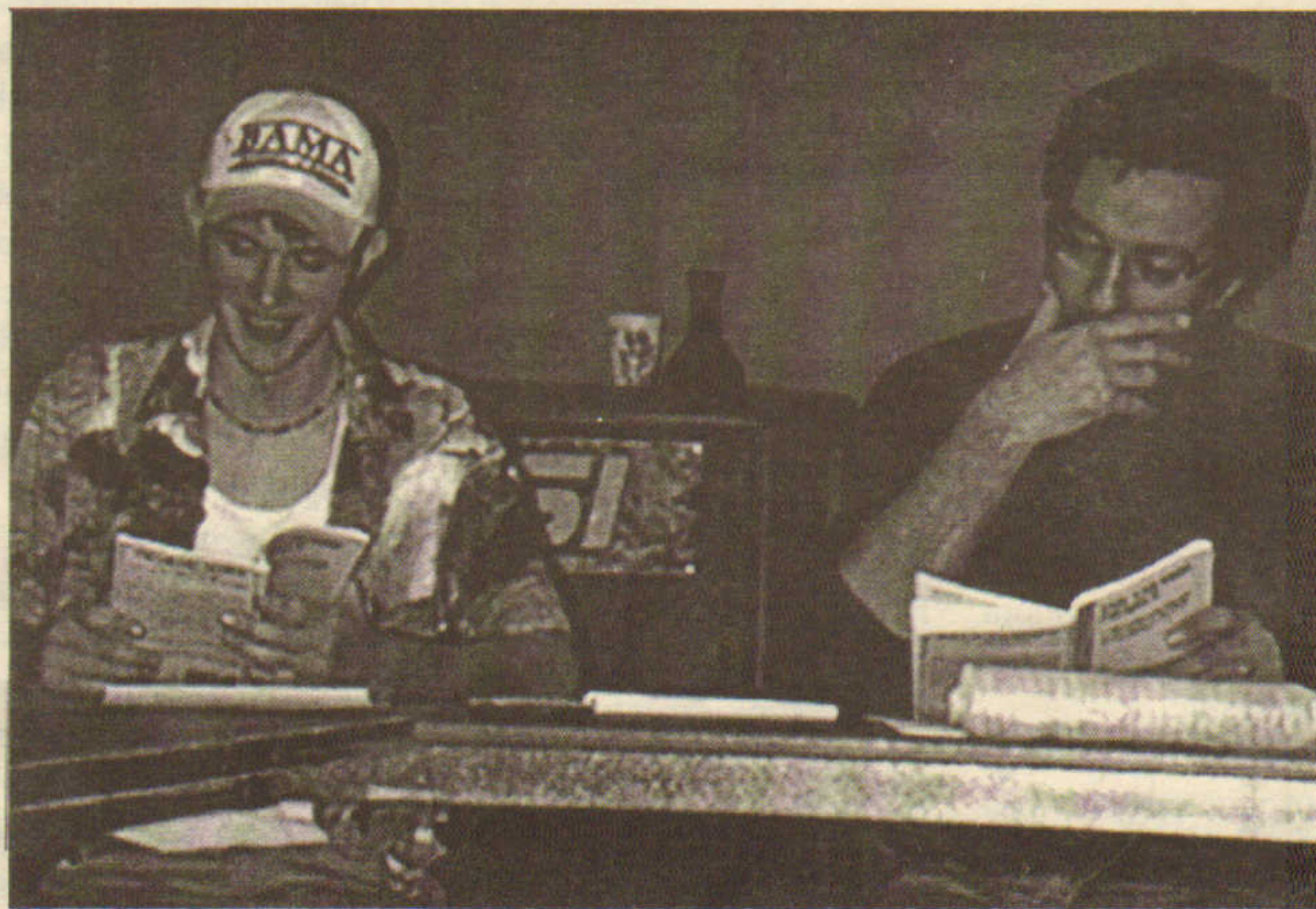
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Students tackle *Laramie*



Taking on a bold project are student actor B.J. Stakem (L) and Theatre instructor Michael Carr. Carr will direct the production which should generate much discussion
Photo by Kelly Lenn

By Jonathan King

It takes courage to stand on stage in front of hundreds of people and put on a play worthy of their time, but it takes more courage to recite a few lines in front of just one.

Just ask the Shelton State students who last week tried out for the upcom-

ing theatre department production of *The Laramie Project*, a play about the 1998 murder of a gay man, and the town’s (Laramie, Wyo.) reaction. The play has a variety of characters to be cast. Through most of those who tried out were seasoned actors, the nervous energy was evident.

The auditions took place in the

Wilson Carr room, named after the son of the man whom the actors had to impress. Michael Carr, director of the upcoming *The Laramie Project*, sat towards the back of the room at a table with his stage manager, Tim Sullivan. At the other end of the room, with backs to a mirrored wall, were those auditioning. The first leg of the audition was to recite a memorized section of a play known as a “prepared monologue.”

Each person comes to the middle of the room, watched from both sides, but the obvious intimidation comes from the focused glare of Carr. The room is completely quiet while they speak, the echoes of their voices are the only sounds until they are done. As the actors walk back to their seats they are applauded for their effort by their peers.

Stephanie Harris was the first to attempt the second part of the audition, where students are asked to read parts directly from the *Project* script. She sheepishly walked forward and drew laugh from the others when she asked, “Can someone just stand next to me?”

B.J. Stakem, who was cast in the ensemble, also allowed for some comedy. Stakem brought relief by bringing a chair

Laramie cont’d on pg. 3

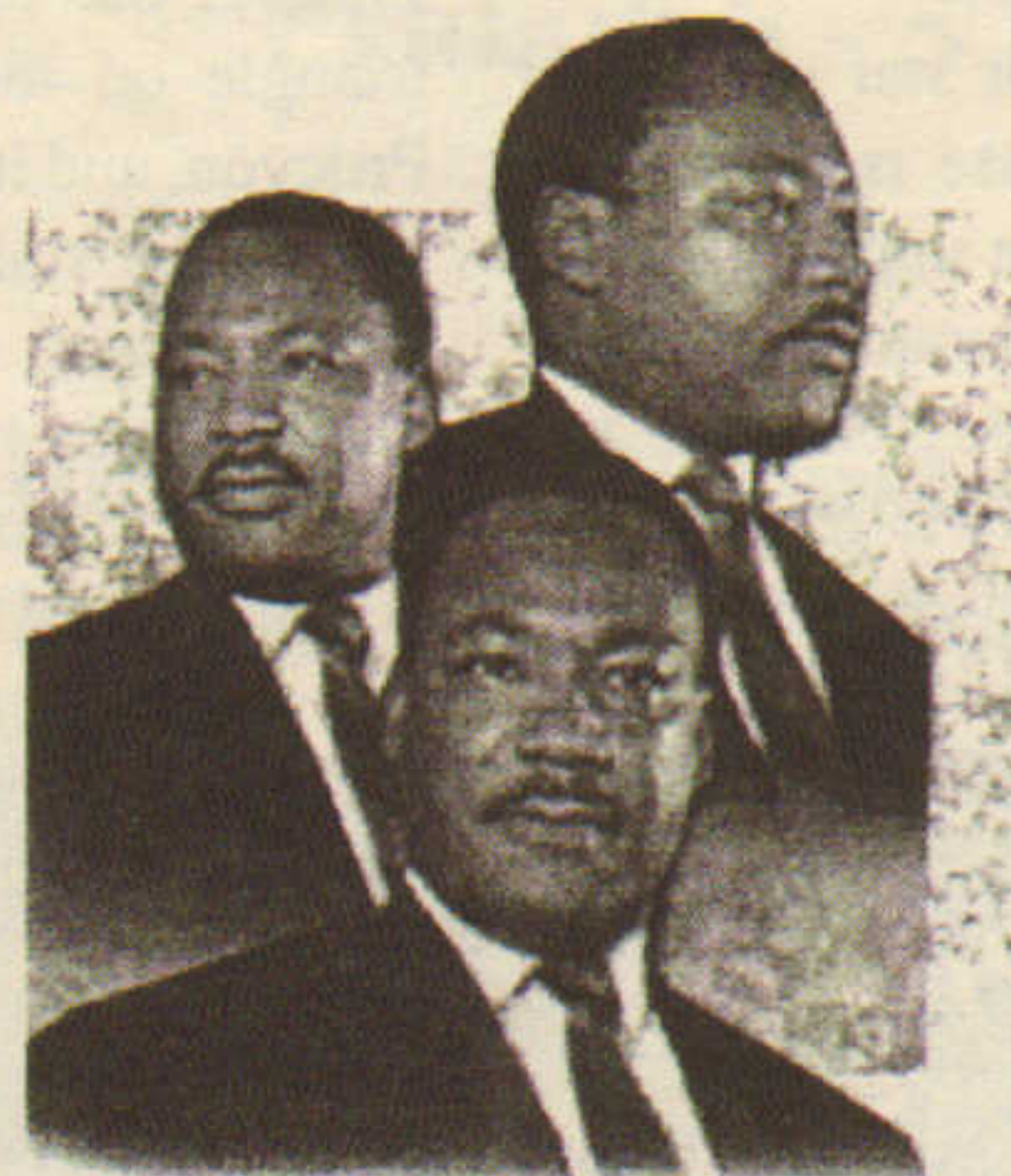
Remember Dr. King on Jan. 21

By Carol Collins-Miller

Martin Luther King’s Birthday is a celebration commemorating the legacy of Dr. King. His achievements and contributions to society are immeasurable.

Most of us were introduced to the story of Dr. King as early as second or third grade if we didn’t actually witness his struggles. Now as we think back to the people who made this country great King’s name appears along with Graham Bell, Lincoln, Kennedy, and other legendary people.

King’s birthday has come to represent something more for me. Because his



birthday is in January, I tend to associate it with my new year. What I mean by this is his birthday reminds me to stay strong, focused and to be determined to achieve my goals throughout this new year. After all, King endured far more than what is required of me to be successful.

Many special holidays and celebrations will follow King’s birthday and we will honor them in various ways. So whether you plan to attend one of the social gatherings held in his honor or smile a silent thank you as you think of him. This is a time to remember one of the greatest Americans of our times.

Happy Birthday, Dr. King

Gouge O' Life By Ben Herdman

Nawlin's Naked Truth

Last year I went to New Orleans for the first time to celebrate the New Year. I tell you, this is the city for me. It's what I call one big middle finger mounted on the fist of freedom. Out there they have drive-through daiquiri stands, live music on every sidewalk, and honest hoboes.

The French Quarter is a unique place. You can never be sure what it is that sticks to your shoes as you walk through the streets filled with freaks, homeless performance artists, crooked cops, and just about anything you can think of. You can do whatever you like.

It was snowing for the first time in fifteen years and the crowd had so much cheap champagne that they were running naked on the icy roads without care in the world.

In the final hours of the year, I found myself at a five-star party in one of the ritzy areas of the city. I'm not sure if anyone of us in my entourage knew who the host was, but nobody cared where we were or what we were doing. The lights were so dim on the third floor that all you could

see were the silhouettes of silly young drunkards dancing, staggering, and falling all over the place. This was a bit too much noise for me to handle so I went out to the frozen poolside to see what was jiving.

This was my scene: Just a handful of smokers puffing away and grooving on some old Charlie Parker. As I lit my cancer stick, the waiter promptly came to get my order. I took a seat to study the table of ladies next to me.

I was just about to use some cheesy pick-up line when a tall, lanky, red-headed kid walked up to me. Nothing could have been more odd than this. The young man was half naked and carrying a towel. "Care to join me for a swim?" asked the lush with a drunken slur.

"You've got to be kidding, man. I'm not quite sure how you can be shirtless out here. It's got to be thirty degrees, and if you jump in that pool someone is gonna have to call an ambulance. And I am sure no one wants the authorities around." The stranger raised his hand in assurance. "Look dude, I used to swim with the Polar Bears.

Check this out!" And with that, he stripped down, buck-naked into the icy water. Now, this was the highlight of my New Year's Eve. This was pure entertainment. I sat back down to watch the plastered dumbass do his thing. The lot of us at the poolside were shocked.

A couple of minutes into the freak show the area was crowded with spectators. The young man paid no attention to the masses as he dog-paddled with a demented grin on his face. When the bouncer got word of the arctic skinny-dipper, he came to the scene at once. The look on the bouncer's face suggested he had been in such situations before. He waited patiently for the drunk-diver to get near the side of the pool and then jerked him out of the water with super human force.

"O.K. everybody" said the bouncer. "Clear out! Let me get rid of this guy." The people cheered the heroism of the bouncer, but I have to say I was sad to see the show end.

Off the Shelf...

New works available in the Brooks-Cork Library

By Glen Johnson

On the Best-Seller Shelf...

Fury, Salman Rushdie's eighth and most recent novel, has protagonist Malik Solanka leaving London, his home and family, for New York because he has an inexplicable fear he has become dangerous to those close to him. What lay ahead in New York? Deranged cab drivers, at least one serial killer, and several women who find Solanka irresistible. Auto-biographical no doubt.

In Sara Paretsky's *Total Recall*, the Holocaust has separated Lotty Herschel from her parents when she was just nine years old. But now, sixty years later, someone from her dark past may have returned. V.I. Warshawski comes in to investigate and finds more than any of them ever expected.

After five years of combat as a Marine in Vietnam, Brandon Condley has returned to recover the remains of unidentified American soldiers. But a mixed set of dog tags puts

him on the trail of two noted killers "Salt and Pepper," a pair of renegade Americans who were also responsible for a deadly Viet Cong ambush against Condley's own men. Now Condley is out for revenge in James Webb's *Lost Soldiers*.

Philosophy: *An Introduction to the Psychology of Dreaming*, by Kelly Bulkeley; *13 Alabama Ghosts and Jeffrey*, by Kathryn Windham; *Stranger in the Nest*, by David B. Cohen; *Why We Feel*, by Victor S. Johnston; *Crying*, by Tom Lutz; *Bargaining for Advantage*, by Richard G. Shell.

History: *The 761st "Black Panther" Tank Battalion in WWII*, by Joe Wilson; *The Kamikazes*, by Edwin Palmer Hoyt; *German National Identity after the Holocaust*, by Mary Fulbrook; *The Six Wives of Henry VIII*, by Alison Weir; *Edward VI*, by Jennifer Loach; *The Wicked Queen*, by Chantal Thomas.

Business: *Social Security*, by Dean Baker; *Seeing Like a State*, by James C. Scott; *In Praise of Hard Industries*, by Eamonn Fingleton; *Essentials of Business Statistics*, by Gerald Keller.

Keep Looking Up!

By Dr. Lee Albritton



There are three very bright stars in the eastern sky about an hour after sunset that form a perfect geometric shape, the "Winter Triangle!" As a matter of fact, the three sides of the triangle are exactly the same length this is what mathematicians call an equilateral triangle.

To locate the Winter Triangle simply look in the eastern sky after it gets real dark. The three stars that form it are

actually in three different constellations. These three constellations go together, for they are the mighty Hunter, Orion, and his two hunting dogs Canis Major and Canis Minor.

The upper star of the triangle Betelgeuse is reddish in color and is the upper shoulder of Orion. His characteristic three star belt can be found to the lower right of Betelgeuse. The brightest star of the triangle is Sirius, a bluish star, and is lo-

Winter Triangle

cated on the lower right of the triangle. It makes the upper shoulder of Orion's large hunting dog and is often referred to as the "dog star." As a matter of fact, a question on *Who wants to be a Millionaire* worth a lot of money was: What is the brightest star in Canis Major? Finally, the third star of the triangle on the lower left is Procyon, and it is the brightest star in the small hunting dog Canis Minor, a constellation made of only two stars.

Keep looking up, enjoy our beautiful winter nights, and find the Winter Triangle.

Shelton State Courier

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Business Manager: Jenifer Wallace

The *Shelton State Courier* is a "campus newspaper" written and produced with the help of students.

Among other functions, it is intended as a vehicle for student expression, and all students are

urged to participate with submissions of written and artistic material.

The college seeks to fulfill the statement for academic freedom in working with the students in the production of this paper:

"The college seeks to provide an atmosphere conducive to open and honest intellectual inquiry in any college forum which is appropriate for dialogue and student participation. The students should feel free to exercise the right to dissent within limits of decorum and good taste."

All publications are subject to review by the Publications Action Group, which has been delegated the responsibility to review all college publications for content and accuracy.

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Laramie cont'd on pg. 8

to the middle for his bit. Staken said, "My character, I feel like he's a sittin' man."

From that point on, the tension gave way to jokes and playfulness. When the third challenge of the auditions were introduced, the comedy reached a pinnacle. Each person was assigned an "attitude or character they had to portray. Carr did this to get a feel of how well each person could act unrehearsed and undirected, completely ad-lib. Carr assigned things like "tough guy" to Carri McKissick, Micke Mouse to Joanna Massey, and Snow White to Portia Shepard. Cheryl Connelly and Brandon Thompson were even assigned to carry on a conversation in an Irish accent about the high price of potatoes.

"We all know each other," admitted Thompson, "so there are always laughs to be had." He was right. Even Carr and Sullivan's laughter could be heard amidst the acting.

"I was very pleased with auditions, there was lots of effort by all those who tried out," said Sullivan. Michael Carr



Director Michael Carr grills the auditionees for The Laramie Project
Photo by Kelly Lenn

said, "I'm very happy with those who auditioned, as well. We like to have all our (theatre) majors try out, but I'm glad that non-majors also tried because it gives us a lot of choices for casting. Overall, I like to open it up to the majors so they can

explore their characters and go after it full speed."

When a few of those trying out were asked how they did, their responses were mixed. Portia Shepard said, "I know I did good! I'm not gonna lie to

you!" Others like Steven Austin, questioned their overall performance. "I didn't prepare enough for my first monologue, which you should definitely do. But I feel like I did well during the reading." Indeed, he seemed to do an excellent job, reading the part of the father of the murdered. At one point he even began to cry real tears. His performance was captivating, and it was good enough to hand him a spot in the ensemble despite his prior audition mistakes.

He is joined in the cast by Joanna Massey, Lindsay Jacobs, Connie Cooper, Janet Hernandez, Jenny Tucker, Portia Shepard, Cheryl Connelly, Willie Williams, Brandon Thompson, Bruce Skelton and BJ Staken.

Rehearsals began on Monday, Jan. 14, for the play which will run Feb. 24 at 7:30 p.m., except Sunday, when the matinee will start at 2 p.m.

Student tickets are \$5 and general admission is \$10. For ticket information call the Box Office at 391-2277 or visit the Box Office in the Bean-Brown Theatre at Shelton State Community College.

Milady Murphy named new recipient of the Todd Award

Milady Murphy, the director and founder of the Wellness Center of Shelton, was named the 2001 recipient of the Dr. and Mrs. John Todd Award for Exceptional Achievement in Teaching.

Shelton President Rick Rogers made the announcement during the annual President's Christmas Breakfast. The annual award carries with it a cash gift of \$1,500 and was established by Dr. and Mrs. John Todd of Tuscaloosa.

The Todd Award is based on contributions to the teaching field, activities and innovative programs to improve instruction at the college, contributions outside the classroom, student evaluations, and community service.

Faculty and staff of the college submit nominations for the award. A committee composed of members of the Shelton State Foundation and well as the Todd Award winner from the previous year makes the selection.

A native of Boston, Mass., Murphy received her bachelor's degree in health, physical education and recreation from Bridgewater State College of Massachusetts and her master's and doctorate in physical education from the University of Alabama. Her background in health care includes experience as a cardiac rehabilitation instructor, a cardiopulmonary technician, and a Red Cross instructor of first aid, safety, CPR, and a certified water safety instructor.

While at Shelton, Murphy has de-

signed a wide range of physical fitness and conditioning programs both in the United States and Europe. She has implemented conditioning programs for professional athletes, children, handicapped individuals and senior citizens as well as for the general public—who just want to stay fit and healthy.

Before establishing the Wellness Center at the college, Murphy owned and directed the Total Approach Fitness Clinic of Tuscaloosa.

She has won a number of triathlons, and running and swimming events in

New England and the Southeast.

She has also conducted numerous lectures, programs and workshops in the state and around the country on wellness. She currently has two television shows where she provides tips on exercise, prevention of disease and other health-related topics. She also has a local radio show featuring health tips. Murphy has also been featured on Alabama Public Television as a wellness expert for the state of Alabama.

She is married to Michael Murphy of Tuscaloosa.



Dr. Milady Murphy (L) is the happy recipient of the Todd Award given at the President's annual Christmas Breakfast. Dr. Rick Rogers and Interim Dean of Academics Camille Cochrane seemed as happy as Murphy about her attainment.

Shelton student shipping out?

One of our own students may be going to Afghanistan. Shelton State student Doug Oliver is in the Naval Reserves, or SELRES, selective reserves.

He works at the reserve center, here in Tuscaloosa, where his job is to train the reserves. There are 150 reservists at the Tuscaloosa Reserve Center.

Thirty-one of those have already been deployed, leaving 119 here on standby. "After those go, the staff goes," said Oliver.

He knows he will be sent to an aircraft carrier, however, he doesn't know which one or where.

Recent press reports have indicated that Alabama has made the greatest contribution in total numbers to the war against terrorism.

More than 2,000 reservists from Alabama have been put on active duty. Coming in second is the very much bigger state of California.



Sports

—The Buccaneers are Here to Play—



Bucs basically flying high

The Shelton State Buccaneers manhandled Jefferson Davis Community College, 100-45 on January 10. In the beginning of the game the two teams managed to keep it close but part way through the first half Shelton's intensity picked up and kept going. Ronald Jenkins hit a three-pointer and a free throw and the fire was only got bigger.

The Buccaneers went to a full court defense and managed to cause 19 steals in the game. "I felt like getting some steals was going to spark our team but the best thing about our team is that we have several players who can score," Tobias Tate said. "When one player goes out, you can send in a sub and not lose a step."

At the half Shelton State led 45-31. The second half was no different than the first, going on a 27-6 scoring run. Five Shelton players ended the game in double figures including Dusty Baugh with 15, Antron Moore with 14,

Tobias Tate with 13, and Glenn Morse and Jamarr Hill with 10 each.

"I think the intensity picked up in the second half, especially in the half court game," said Coach Barry Mohun. "They were a big team, with a lot more height and weight than we have, but our guys can run and jump and that made up for their height."

Shelton also hosted Marion Military Institute Jan., 14 winning 85-72. Again getting off to a slow start, falling behind and then taking over in the second half. Ronald Cooper came off the bench playing well, scoring 12 points. Tim Lewis scored 20 of his 22 points in the second half. Tabius Tate scored 17 and P.J. Winston had 8 assists. Leading the boards was Jamarr Hill with 9 rebounds.

The Shelton State Buccaneers host Wallace-Hanceville Thursday night Jan. 17 and also at home Saturday Jan. 19 against Southern Union.

Lady Bucs pull off huge upset

As basketball season continues the Lady Bucs have a huge reason to be excited right now: knocking off undefeated, nationally ranked Meridian Community College on January 12.

Playing the second game against Meridian this season, splitting the record at one win apiece. The Lady Bucs had a tough 101-93 loss in overtime in the first game.

What is so unique about the earlier game played between the two? The game was postponed when a player's relative suffered a fatal stroke in the stands of a game that started in Tuscaloosa and was completed in Meridian.

The Lady Bucs traveled to Meridian to complete the first game with just under one minute remaining in regulation. Shelton led 86-83 with 44 seconds remaining. Meridian tied the game with 15 seconds and pulled away in overtime.

"If the game had finished at Shel-

ton, I think we would have won," Shelton State Coach Madonna Thompson said.

Just minutes after a tough overtime loss, the Bucs went at it again with the undefeated, nationally ranked Meridian College. The Lady Bucs trailed at half-time 42-40 but managed to pull ahead in the second half. Constance Kelly helped ice the game making 9 of 10 free throws down the stretch.

"It was a huge win for us on the road. They are so good, I'm glad to get out of here with one," said coach Thompson. LaTiffany Burton led Shelton with 24 points. LaTonya Henry contributed a double-double, scoring 11 points and grabbing 11 rebounds. Shelton now improves their record to 8-5.

In other recent games Shelton destroyed Alabama Southern on Jan. 4 111-60 and also defeated Lurleen B. Wallace 70-39 on Jan. 10.

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It's Buddy's for down-home eats

By Chris Cartledge

When looking for a restaurant, the phrases "Roocooll Tide" and "Go Wild-cats" might not be what you look for.

However, located across the bridge in Northport sits Buddy's Rib and Steaks. If you're looking for a place with long history and somewhere you can experience a slice of the local life in Northport Buddy's is just the place.

Buddy Hall is the owner, and has managed the restaurant since he first bought it back on Nov. 1, 1978. Before he bought it, it was called Coleman's BBQ. Buddy said that he "use to help cook the food, but now he leaves it up to his cooks." Between the three or four cooks working there is about 90 years of cooking experience between them. Hall said, "Robert Shirley, one of the cooks, has been there since he opened the business." He also said most of the other employees have been there for at least eight or ten years.

If you've never been before, when you walk in you can expect to be greeted by one of the waitresses, who know most of the regulars by name. The inside of the restaurant is rather small with several booths, and a couple large tables. At anytime you go in you're likely to hear some of the local residents talking about the latest football game or the high water bill they just got.

After you're finished eating and are ready to pay the bill, you'll usually



Buddy Hall sits on his stool by the cash register at his local restaurant. Buddy's is famous for down-home food and fellowship in Northport on Bridge Avenue. Photo by Kelly Lenn

find Buddy perched on his stool in the corner behind the counter. He will always ask you how everything was, and usually strike up a short conversation with you. Recently Buddy was reminiscing on serving the legendary "Bear" Bryant who used to be a regular. Hall said, "He always came in and sat in the corner booth, right up till he got to where he couldn't go out in public anymore."

It was a little past closing time and "Buddy" sat at his stool counting his money as he talked about the good ol' days of Northport. Sitting on top of his bag of money was his .357 magnum, which he named "Saul." Buddy said he is glad he has never had to use it, but has thought he might have to a couple of times.

If you're looking for a restaurant

with a good down-home atmosphere, and good Southern hospitality, or if you just want to catch up on the latest local gossip, give Buddy's Rib and Steak a try.

One good time is Saturday morning when you get a full breakfast, including what some patrons call "Buddy Bacon" for less than \$4. But be sure to tip the waitress well. Good or bad, they'll sure remember you!

Shelton nursing student named 2nd V.P.

Ann H. Latham was elected as Second Vice President to the Alabama State Association of Student Nurses at their annual conference in September 2001.

Latham is a native of SC, but has lived in Tuscaloosa for several years. She is a first year student in the Associate Degree Nursing Program at Shelton State Community College where she currently has a 3.75 GPA. Latham is employed by DCH Regional Medical Center and is a member of the Shelton State Association of Nursing Students, Critical Care Nursing Association, and serves as student representative to the ADN faculty.

Latham is the daughter of Nancy Huff and has three teenaged sons, Arthur, Alexander, and Geoffrey.

Spring Terrific Tuesday concert schedule set

Shelton announced the spring schedule for the 2002 Terrific Tuesday Concert series. All concerts will be held at the college and are free and open to the public.

Jan. 15: Jonathan Noffsinger, Saxophone, Gary Smoke and Ken Saxon, Piano, 1 p.m., Alabama Power Recital Hall.

Jan. 22: Piano students of Amanda Penick from the University of Alabama, 1 p.m., Alabama Power Recital Hall.

Jan. 29: University of Alabama Jazz Ensemble, Tom Wolfe, Director, 1 p.m., Alabama Power Recital Hall.

Feb. 5: Musicales featuring applied students of Shelton State, 1 p.m., Alabama Power Recital Hall.

Feb. 12: Mardi gras Concert, Shelton State Jazz Band, Dr. Alan Blackshear, Director, 1 p.m., Atrium.

Feb. 19: NATS Preview featuring applied vocal students of Shelton State, 1 p.m., Alabama Power Recital Hall.

Feb. 26: Chanson, Vocal Ensemble directed by Dr. Leslie Poss, 1 p.m., Alabama Power Recital Hall.

March 5: Chamber Ensemble,

Ken Saxon, pianist, 1 p.m., Alabama Power Recital Hall.

March 12: Open

March 19: Musicales featuring Shelton State ensembles and applied students, 1 p.m., Alabama Power Recital Hall.

April 2: Student Recital, Patricia Richetto, soprano, 1 p.m., Alabama Power Recital Hall.

April 9: Shelton State Jazz Band, Director Dr. Alan Blackshear, 1 p.m., Atrium.

April 16: Student recital, Marty Moyer, tenor, 1 p.m., Alabama Recital Hall.

Shelton's music department will hold additional concerts:

March 12: Shelton Singers American Music Concert, Directed by Glinda Blackshear and Dr. Mark Brown, 7:30 p.m., Bean-Brown Theatre.

April 25: Music Review directed by Glinda Blackshear, 7:30 p.m., Bean-Brown Theatre.

April 30: Shelton Jazz Band directed by Dr. Alan Blackshear, 7:30 p.m., Atrium.

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Police Officer Wanted

The University of Alabama is accepting applications for the position of Police officer Jan. 2-31. This is the first step in the selection process that establishes a hiring list. To receive a police officer application packet (special for this position) please contact the:

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College working with Chamber

The College announced the formation of a partnership whose purpose will be to develop and implement a plan for workforce development in the West Alabama area. The announcement, along with the official signing of the agreement of the new project, was made, December 3 in the president's conference room.

A steering committee composed of members of the chamber and the college has met over the past year to develop a mission and goals for the project. One of the first objectives will be to develop a website where employers can find qualified applicants, while at the same time, potential employees can look for available career opportunities.

This project is part of Shelton State's Work Keys initiative and the chamber's School-to-Career grant. Work Keys is used at Shelton State as a tool for workforce development in the community. Through Work Keys, skills needed in the workplace are identified and matched with workers who have the required skills. Workers who do not have the skills required can receive training at Shelton to raise their skill levels. The Work Keys system can improve the hiring process; bridge the employee skills

gap, enhance career assessment and preparation, and improve needed skills in the workplace.

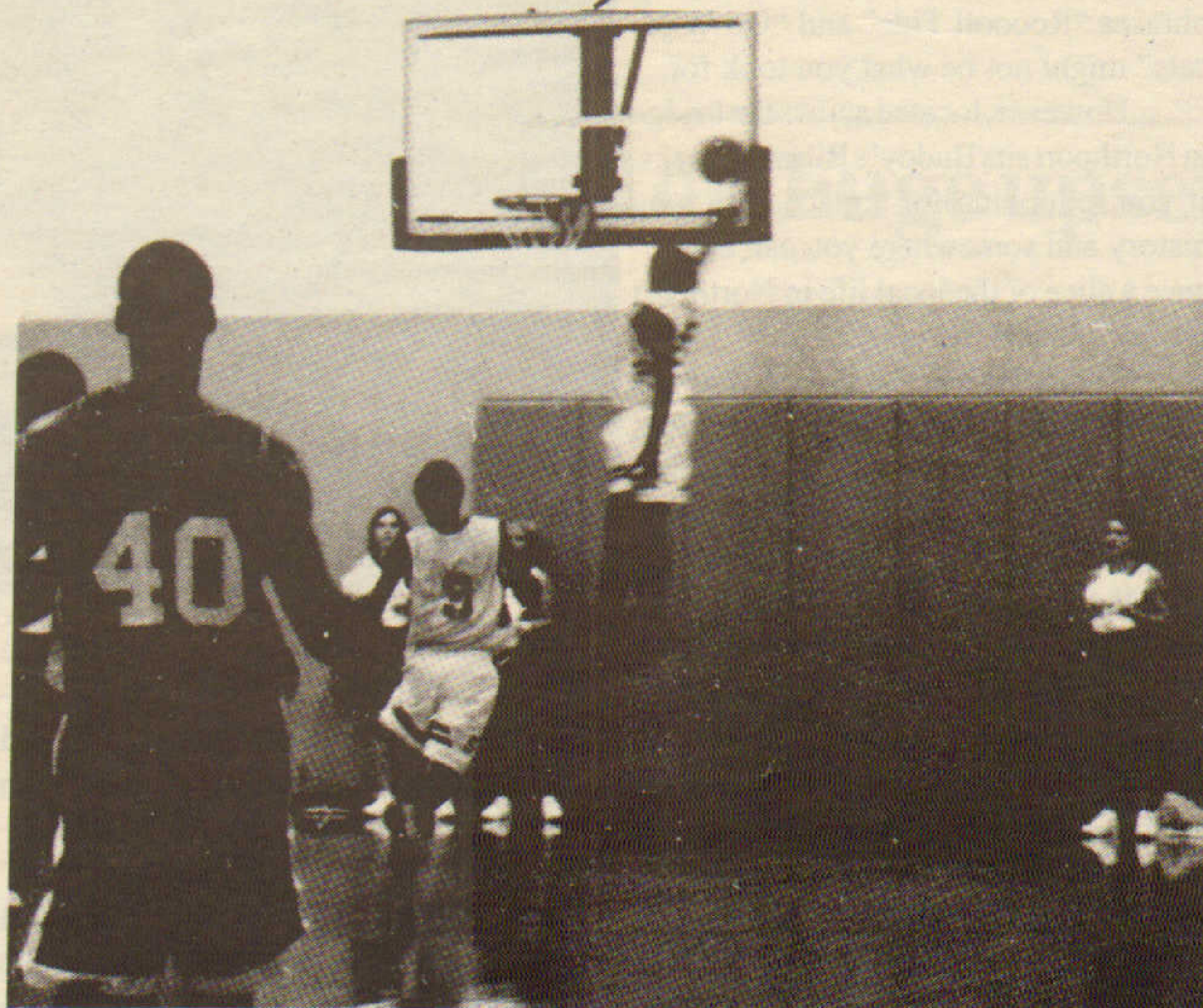
Chairing the taskforce are Dave Rogers from JVC America and Linda Grote, associate dean of administrative services at Shelton State.

Other members of the taskforce are Woodie Smith, Smith's Machines; Richard Crawford, Alabama State Employment Agency; Susie Hyde, DCH Regional Medical Center; Russell DuBose, Phifer Wire Products; Mark King, Michelin; and Victoria Perry.

Representing Shelton are: Camille Cochrane, interim dean of instruction; Humphrey Lee, dean of students; Lyda Black, associate dean of technological services; Steve Fair, director of training for business and industry; Johnny Parker, director of human resources; and Evelyn Mettee. Johnnie Aycock and Rick Rogers serve as ex-officio members of the taskforce.

"We are please to partner with the Chamber of Commerce and businesses and industries in this area to promote the importance of technical training and education," said Shelton President Rick Rogers.

Slam, Bam



Enjoy Buccaneer Basketball!

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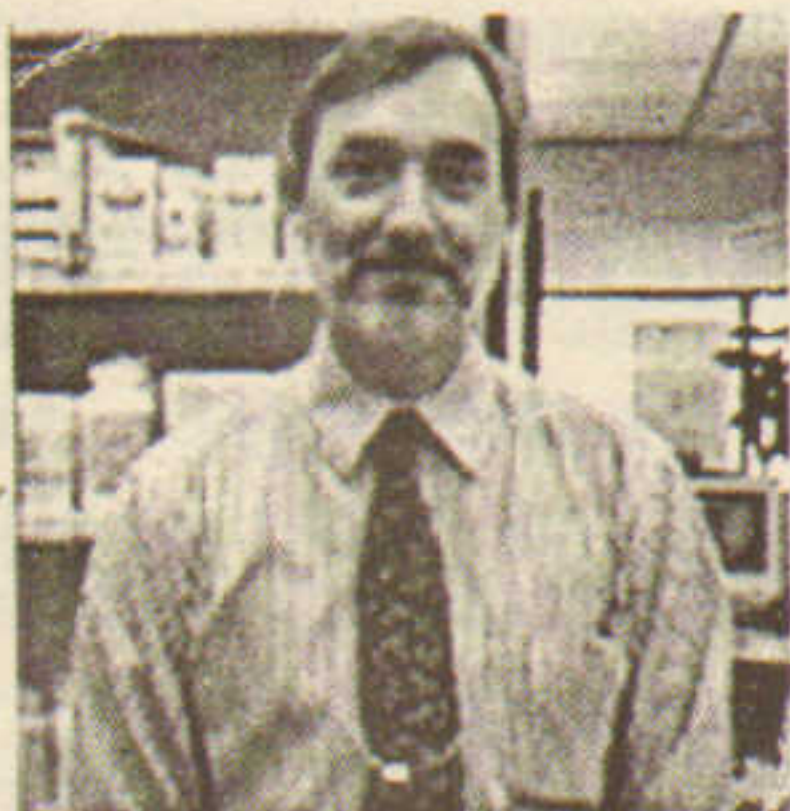
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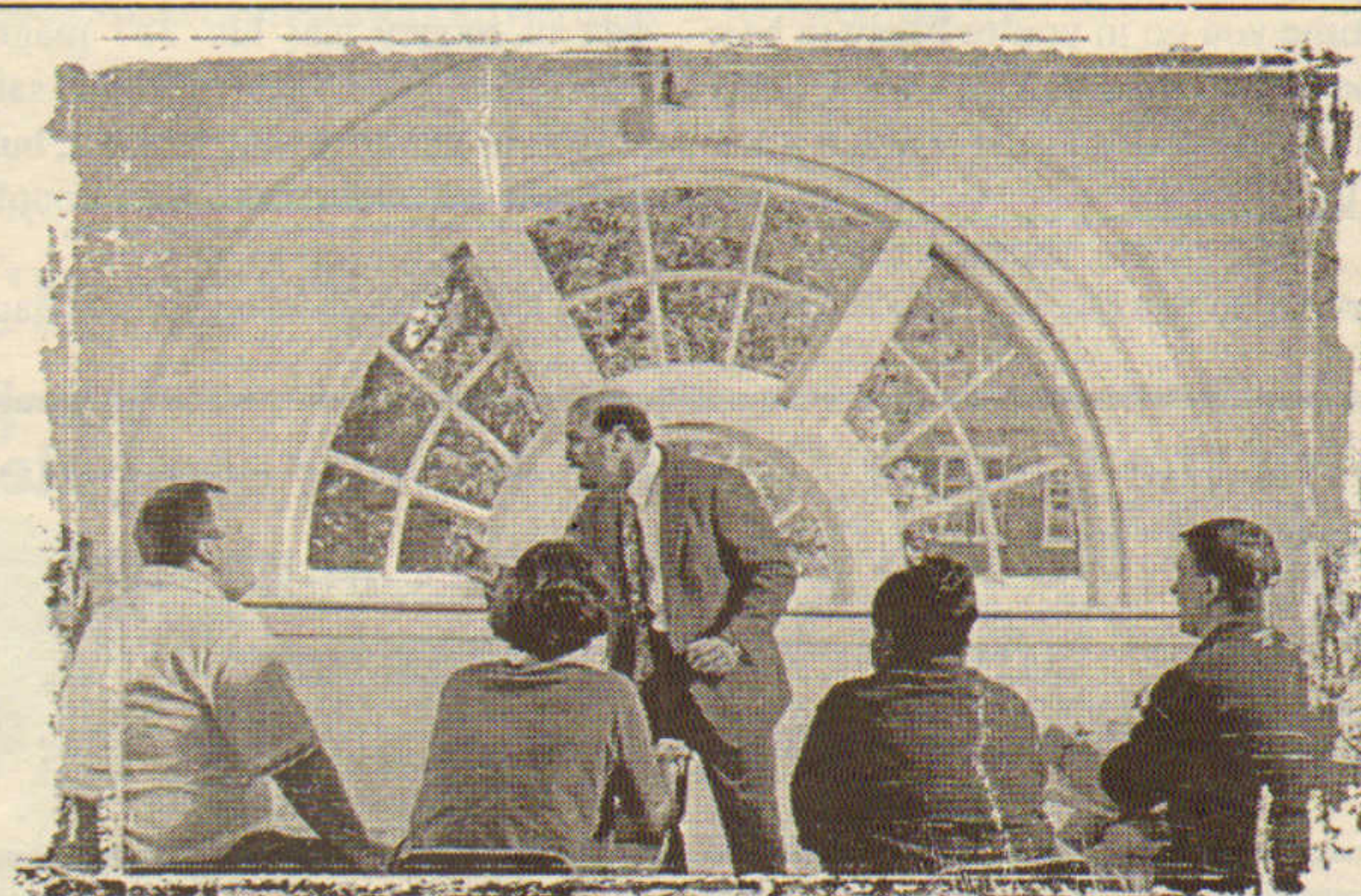


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By Gary Waters

Everyone does it.

Everyone who has Internet access, that is. Downloadable music has made words like Napster, mp3, Winamp, bitrate and time remaining household words. Most anyone who watches the news even knows what Napster is, or rather was. Well Napster may be dead, it's at least dying, but there are a lot of Napster clones out there who are still alive and kicking.

Napster clone might be a bad choice of words. What these programs actually do is connect people to each other rather than to a specific server with only music files on it. What this means to you and I is these programs are very hard to shut down. Peer-to-Peer is a term not everyone knows like Napster but it does mean so much more.

Peer-to-Peer filesharing programs can share not only music file, but basically any file that a user of the software chooses to share. Meaning digital pictures, digitized movies, and just about anything else you could imagine. Entire operating systems available for down-

load reside on the shared hard drives of thousands, if not millions. Now for the disclaimer, downloading copyrighted materials for use or sale is illegal. That aside this is done all the time.

Now where does one find such programs is the burning question. Well the answer is as close as your favorite search engine, just type in filesharing and there'll be plenty of information and websites to explore. One very nice portal that covers the latest and greatest in filesharing is <http://www.zeropaaid.com/>. This website contains all the latest and greatest in the area of filesharing programs, including news, rankings and even links pointing to where the programs may be downloaded. One thing is essential when using these or any filesharing programs, up to date antivirus software. Along with all the latest music and other files, filesharing programs unfortunately contain the newest viruses and trojan horses.

Some of the most used programs are: <http://www.audiogalaxy.com>, <http://www.kazaa.com/>, <http://www.bearshare.com/> <http://www.gnutella.com/> <http://www.winmx.com/>

Billie Holiday is alive at the Bean

On stage from a young girl to an old-before-her-time 44, Billie Holiday mesmerized audiences with a commanding presence, evoking pathos and passion. Theatre Tuscaloosa will present the life behind this jazz legend in Lanie Robertson's *Lady Day at Emerson's Bar and Grill* Jan. 18-27, 2002 at the Bean-Brown Theatre on the campus of Shelton State Community College.

Interweaving memorable tunes such as "Them There Eyes," "Strange Fruit," "God Bless the Child," and "T'Ain't Nobody's Business" with dramatic dialogue, *Lady Day* offers a glimpse of a life filled with joy and humor, anguish and incredible artistry.

In the spotlight as the lady Duke Ellington described as "the essence of cool" will be singer/actress Chris Calloway whose Broadway career began with the acclaimed production of *Hello Dolly!* starring Pearl Bailey and her father, the late jazz great, Cab Calloway. She performed in the Broadway revival of *Pajama Game* and toured nationally with *Hello Dolly!* and *Eubie*.

A former student at Boston University's School of Fine Arts, Calloway, together with her father and his orchestra, has performed at every major jazz festival in the United States,

Holiday cont'd on pg. 8

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Billie Holliday cont'd from pg. 7

Europe, South American and Japan. Her powerful performance of *Lady Day* has been seen from Dallas to a tour of England. Critics have said of her performance as Billie Holiday, "when she's singing, time seems to stop."

The history of Billie Holiday is somewhat nebulous; biographers and her closest friends differ on what when on in her extraordinary life. Even her autobiography, *Lady Sings the Blues*, is considered a romanticized account.

She never knew for certain who her father was. She considered jazz guitarist Clarence Holiday her father; however, her birth certificate lists a man who was most likely just a close family friend. Influenced by Clarence, she spent her youth in clubs and bordellos, eventually making her way to the stage.

In 1928 she moved to New York with her mother, continued to sing in clubs and cut her first record in 1933 when she was only 18. Soon thereafter she was playing with Count Basie, Artie Shaw and Bennie Goodman.

However, success in the late '30s and early '40s failed to bring her happiness. Unlucky in love and addicted to heroin, she was arrested in 1947 for drug possession and imprisoned, the repercussions of which influenced the rest of her

life. Finally in 1959, she died from her addictions.

On stage, however, her problems took a back seat to her music. Although the quality of her voice changed from velvety to rough over the years, her style was always unique. In many ways she

In the spotlight as the lady Duke Ellington described as "the essence of cool" will be singer/actress Chris Calloway whose Broadway career began with the acclaimed production of *Hello Dolly!*

was a synthesis of the greats before her. As she says in the play, her aim was to have Louis Armstrong's feeling and Bessie Smith's big sound.

She always thought of herself as a jazz singer with a blues feeling. And with songs such as "Strange Fruit" and "God Bless the Child," she moves with the

soulfulness of someone who is deeply intimate with the blues. In his author's notes, Robertson writes, "Singing was Billie's salvation. Even when she sings a 'sad song' her joy in the act of singing transforms the song into a celebration."

Lanie Robertson is the author of some 15 full-length plays, many of which have been performed in the United States, Britain and Japan. In 1987 he won the Outer Critic Circle Award for his Off-Broadway hit *Lady Day*. Other works include *Back County Crimes*, *The Insanity of Mary Girard*, *Nasty Little Secrets* and *Alfred Stieglitz Loves O'Keefe*. His work has been commissioned by National Public Radio.

Artistic staff for the production include Byron Thomas as "Jimmy Powers," Billie's piano player. Roy Hudson is serving as scenic designer, Jeanette Robertson as costume designer and John Hisey as lighting designer. Charles Prosser is stage manager for the production.

Lady Day, under the direction of Paul K. Looney, Theatre Tuscaloosa's executive producer, will be presented in Jan. 18-27, 2002 at the Bean-Brown Theatre on the campus at 9500 Old Greensboro Road in Tuscaloosa. Tickets for the production are priced at \$15 adult, \$12 seniors and \$8 students. Tickets may be purchased in person or by calling the box

office at 205-391-2277.

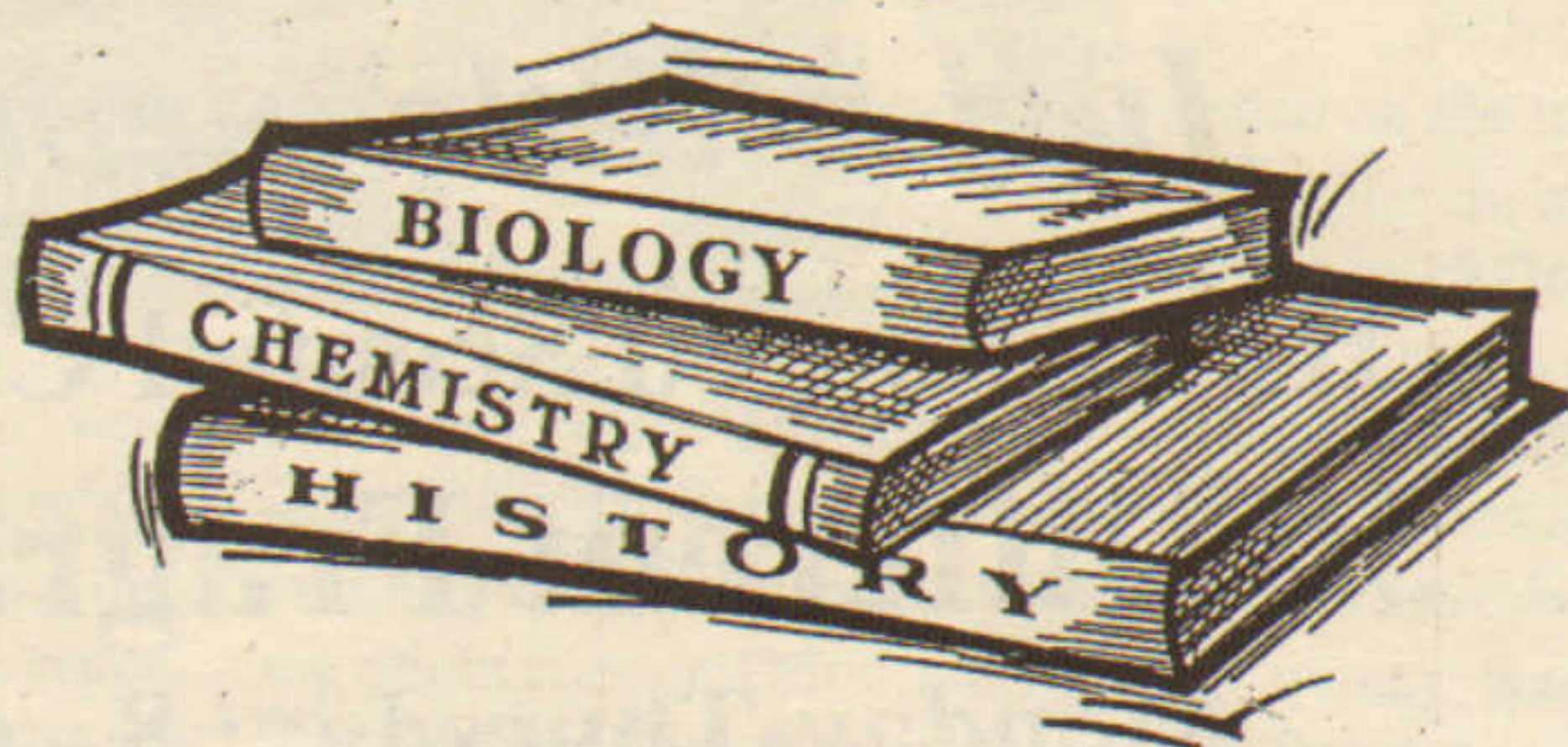
Performances are scheduled Friday and Saturday, Jan. 18 and 19 at 7:30 p.m., Sunday, Jan. 20 at 2:00 p.m. The second week of performances will begin on Wednesday, Jan. 23 with a 2 p.m. matinee and additional performances Thursday through Saturday, January 24 to 26. The final performance will be presented on Sunday, Jan. 27.

Lady Day at Emerson's Bar and Grill is presented with grant support from the Alabama State Council on the Arts and the National Endowment for the Arts with local production sponsorship provided by Mercedes-Benz.

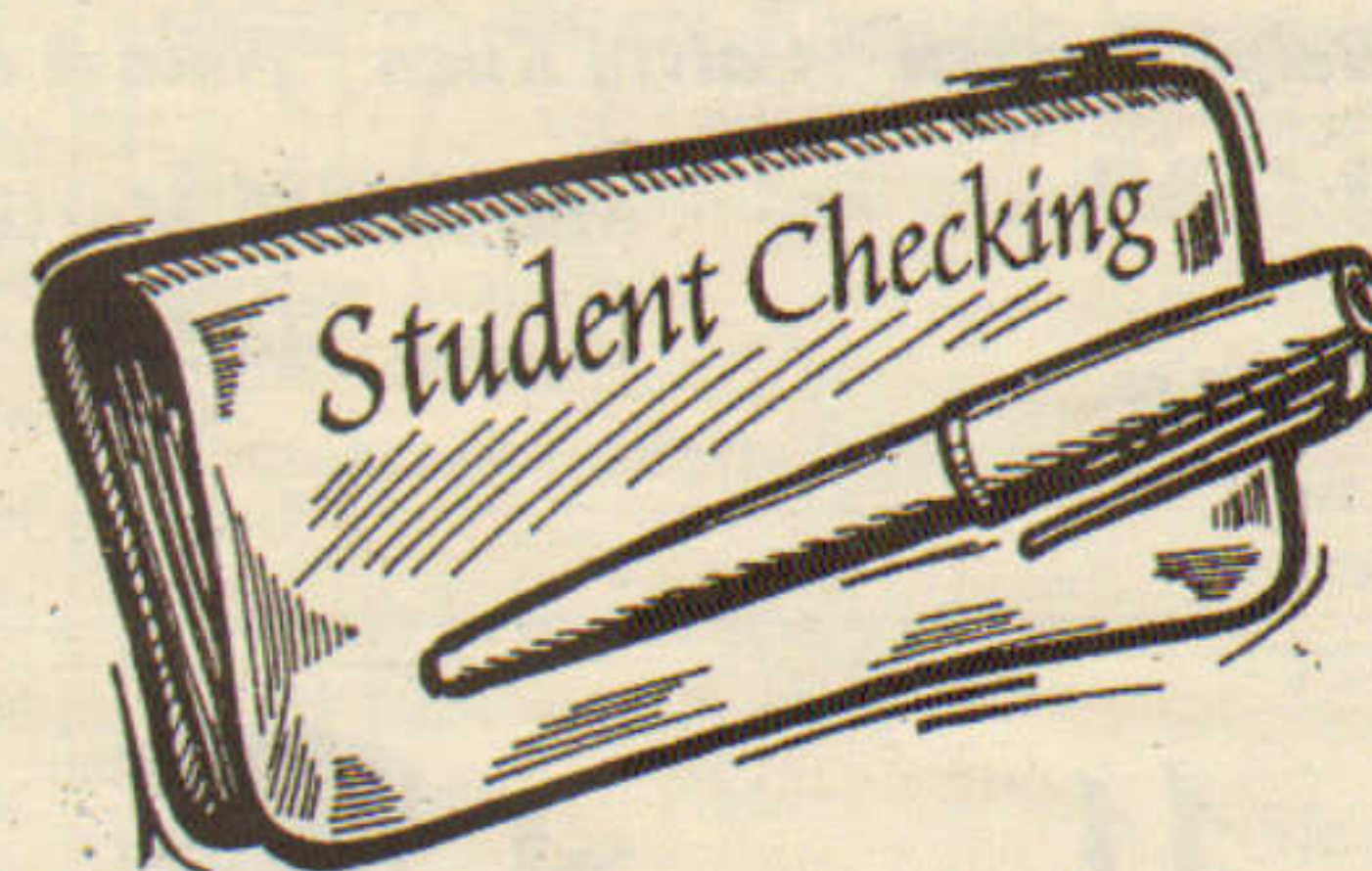


Chris Calloway rehearses her upcoming role as Billie Holliday
Photo by Kelly Lenn

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Life is



full of surprises

we're not in the fifties any more

I was 18 years old when I got pregnant. Since I had already enlisted in the Air Force, I thought I had to have an abortion in order to make something out of my life.

My best friend drove me to the abortion clinic. It was like an assembly line. When the ultrasound was being done I asked to see it. But this wasn't allowed (so much for "an informed decision"). Then I asked how far along I was. I was told I was nine-and-a-half weeks pregnant. That hit me hard. I started doubting, and wanted to talk to my friend, but I wasn't allowed to.

When it was my turn the nurse told me that I was going to feel some discomfort, like strong menstrual cramps. The truth is that the abortion was more pain than I've ever felt in my life. It felt like my insides were literally being sucked out of my body. Later I went into shock.



After the abortion, I tried to make up for it by trying to get pregnant again. I wanted my baby back. I never got pregnant again. I don't know if I can ever have another baby. I named my baby. I found out later that this is part of the grieving process.

Two-and-a-half years later, I ended up in the hospital with bulimia. I felt that no one had punished me for

what I had done so I was punishing myself. I became obsessed with women who were pregnant. My life was in shambles! I was suffering from post-abortion trauma.

When I was 21 years old God brought me help through

The truth is that the abortion was more pain than I've ever felt in my life. It felt like my insides were literally being sucked out of my body."

a woman who was involved in pro-life activism. I went through a post-abortion counseling program called "Conquerors." God not only forgave me, He challenged me to help others. I answered the challenge!

I started sidewalk counseling. There is a healing process that comes from getting involved in the pro-life movement. I talk to youth groups and students and share my testimony. To them, and to you, I plead, "Please don't make the same mistakes I did."

Michelle C.

pregnancy care resources

free pregnancy help lines

National Life Center - 24 hour

1-800-848-5683 (www.nationallifecenter.com)

CareNet (English and Spanish)

1-800-395-4357 (www.care-net.org)

Nurturing Network

1-800-866-4666 (www.nurturingnetwork.org)

Pregnancy Centers Online

(www.pregnancycenters.org)

free help after an abortion

American Rights Coalition

1-800-634-2224

Project Rachel

1-800-593-2273

Hi There,

Life is an adventure—full of surprises. Some Surprises are pleasant and others are painful but all are a test of character. News of an unplanned pregnancy often evokes anxiety and fear and can lead to rash, regrettable decisions.

If you, or a friend, is facing an unexpected pregnancy... Slow down... think about life. Pregnancy is life-changing no matter how you look at it, and that's kind of scary; especially when striving to reach your goals. But this surprise is a golden opportunity for a woman to let her strong character and unique personality shine.

There are over 5,000 pregnancy resource centers in this country with counselors waiting to help you answer questions like: How can I be sure I'm pregnant? What about prenatal care and financial support? How can I continue my education?

These centers offer real solutions—ones that can renew a sense of hope, help you stay in control, and match you with the resources you need. Before making a decision we encourage you to get all the information you can—this supplement will get you started. You will never regret getting the full story.

Sincerely, Jen

believe it or not this was you

Fertilization

The sperm joins with the ovum to form one cell. This one cell contains the complex genetic makeup for every detail of human development—the child's sex, hair and eye color, height, skin tone, etc.

Month One

The first cell divides and cell division continues in an orderly fashion as the newly formed individual travels down the Fallopian tube to the uterus. There are over 100 cells present when this tiny embryo (the blastocyst*) reaches the uterus 7 to 10 days after fertilization. Foundations of the brain, spinal cord and nervous system are already established, and on day 21 the heart begins to beat in a regular fashion. Muscles are forming, and arms, legs, eyes and ears have begun to show. The embryo is 10,000 times larger than the first cell.

*The blastocyst is the stage at which many researchers want to destroy the embryo in order to harvest stem cells. Stem cells are unspecialized cells.

Month Two

Brain waves can be detected and the brain is controlling 40 sets



of muscles as well as the organs. The jaw forms, including teeth buds in the gums. The eyelids seal during this time to protect the baby's developing light-sensitive eyes, the stomach produces digestive juices, and the kidneys begin to function.

Month Three

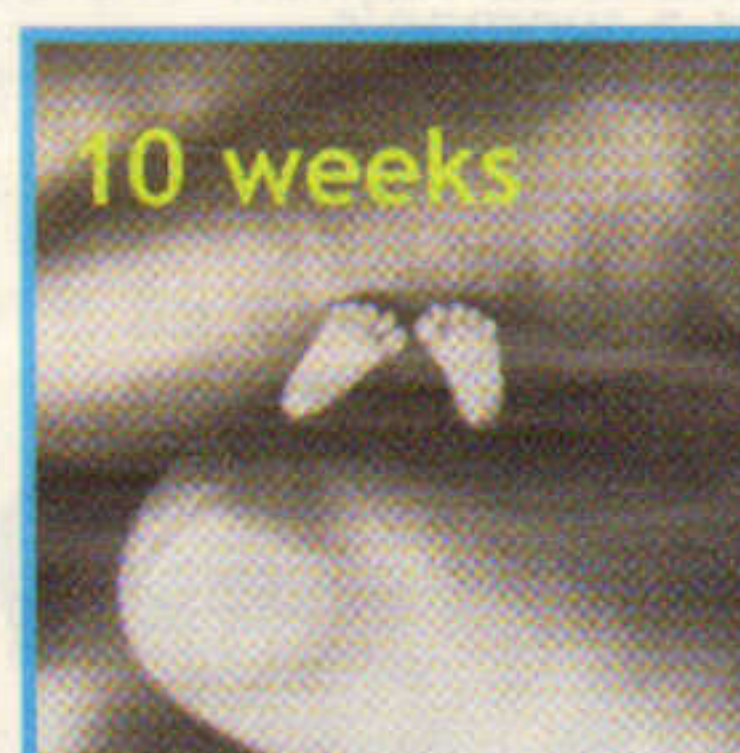
Unique fingerprints are evident and never change. The baby now sleeps, awakens, and exercises her muscles by turning her head, curling her toes, and opening and closing her mouth - often sucking her thumb. She breathes amniotic fluid to help develop her respiratory system. By the end of the month all the organs and systems of her body are functioning.

Month Four

By the end of this month the baby is 8 to 10 inches in length and weighs about 1/2 pound. Her ears are functioning and she hears her mother's heartbeat, as well as external noises. The mother begins to feel the baby's movement. Life-saving surgery has been done on babies at this age.

Month Five

The baby is about 12 inches long. If a sound is especially loud, she may jump in reaction to it. Babies born prematurely at this stage of develop-



ment often survive, thanks to advances in neonatal medicine.

Month Six

Oil and sweat glands are functioning. The baby's delicate skin is protected in the amniotic sac by a special ointment called "vernix."

Month Seven

The baby's brain has as many cells as it will have at birth. The pre-born child uses the four senses of vision, hearing, taste, and touch. She can now recognize her mother's voice.

Month Eight

The skin begins to thicken, with a layer of fat stored underneath for insulation and nourishment. The baby swallows a gallon of amniotic fluid per day. She often hiccups.

Month Nine

The baby is getting ready for birth. Of the 45 generations of cell divisions before adulthood, 41 have taken place in the womb. Only four more will come before adolescence. In terms of development, we spend 90% of our lives in the womb.

Each of us has a very precise starting moment which is the time at which the whole necessary and sufficient genetic information is gathered inside one cell, the fertilized egg, and this is the moment of fertilization."

- World renowned geneticist, the late Dr. Jerome LeJeune

It made me angry; It made me cry; It made me think!
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one thing we all have in common

does abortion increase your risk of breast cancer?

Even one abortion increases the risk of getting breast cancer later in life.

abortion disrupts hormonal balance

Estrogen is the hormone that turns a girl's body into a woman's body at puberty. Actually, there is a whole class of similar steroids, estrogens, which can stimulate the growth of the breasts and other female tissues. The most abundant and important estrogen secreted by a woman's ovaries is called estradiol.

cancer cells run amok

How estradiol, or estrogens in general, relates to breast cancer risk has to do with their role in the growth of breast tissue. It is estradiol which makes the breasts grow to a mature size at puberty, and which makes them grow again during pregnancy. The cells in the breast which are responsive to estradiol are those which are primitive, or undifferentiated. Once terminally differentiated into milk-producing cells, breast cells can no longer be stimulated to reproduce.

It is the undifferentiated cells which can give rise to cancerous tumors later in life. If a woman therefore has gone through some weeks of a normal pregnancy, and then aborts that pregnancy, she is left with more of these cancer-vulnerable cells than she had in her breasts before she was pregnant...

In contrast, a full term pregnancy results in full differentiation of the breast tissue for the purpose of milk production, which leaves fewer cancer-vulnerable cells in the breasts than were there before the pregnancy began.

Most miscarriages occur in the first trimester, and over 90% of these are characterized by abnormally low maternal estradiol levels (quantities that do not exceed non-pregnant levels). Thus, miscarriages generally have been found not to increase the risk of breast cancer.

Excerpts from an article by Dr. Joel Brind Ph.D., an endocrinology specialist. For the complete research and Dr. Brind's responses to those who deny the link, check out www.humanlife.org/breastcancer.

"for the sake of research"

Inside the abortion industry, there exists a lucrative side-business, the sale of high quality fetal organs for research.

A "procurement agent" from within the industry revealed how a team would go into late-term abortion mills to dissect aborted babies and procure fetal parts. The informant reported that the procurers would get a generated list each day letting them know which body parts or organs were in demand from the researchers, pharmaceutical companies and universities. They were looking for only the "most perfect specimens" which included eyes, livers, hearts, brains, kidneys, spleens, and intact bodies.

In many instances these babies were born alive, then killed, so the procurement team could get the tissue or organs while still fresh. The body parts are then packed in dry ice and shipped to their destination via UPS, FedEx, Airborne, or by special couriers. How does the abortion industry circumvent federal law which prohibits the sale of human body parts or tissue? Fetal tissue wholesalers pay the abortion clinics a "site fee" (renting space, so to speak) to place the "procurement agents" in the abortion mills. The abortionist then "donates" the tissue or body parts to the wholesaler. The wholesaler bills the researchers, not for the actu-



al parts or organs, but for the cost of retrieval.

Documentation includes wholesalers' purchasing lists with individual pricing per organ or body part, technically called "fee for services schedule." A sampling of one of the wholesaler's inventory lists includes: an intact trunk (with or without limbs) \$500; gonads \$550; eyes \$75; brains \$999; livers \$150; and spinal cords \$325. There is also a 30% discount if the tissue is "significantly fragmented."

One of the reasons the abortion advocates insist upon maintaining the cruel and inhumane practice of partial-birth abortion is to be able to deliver intact bodies, minus the brains, to the researchers.

For complete documentation on the sale of fetal parts, please call Life Dynamics Inc. at 1-800-800-LIFE.



a harmless procedure? think again



Carol Everett

interview with an insider

suction aspiration

The abortionist inserts a hollow plastic suction tube into the dilated cervix. The uterus is emptied by a high-powered suction machine. The baby's body is torn as he/she is being pulled through the hose.

dilatation and evacuation

Used after 12 weeks. Once the cervix is dilated considerably further than in first trimester abortions, the abortionist inserts a narrow forceps that resembles a pliers. This instrument is needed because the baby's bones are calcified, as is the skull. The abortionist inserts the instrument into the uterus, seizes a leg or other part of the body and, with a twisting motion, tears it from the baby's body. The spine is snapped and the skull crushed. Body parts are then reassembled and counted to make certain that the entire baby has been removed and that no parts remain in the womb.

partial-birth abortion

After three days of preparations, the abortionist places an ultrasound transducer on the mother's abdomen and locates the child's legs and feet. The abortionist then uses a large forceps to grasp one of the baby's legs. He pulls firmly, forcing the child into a feet-down position.

Using his hands instead of forceps, the abortionist delivers the baby's body in a manner similar to a breech birth. The baby's head remains inside the birth canal.

The last step involves using surgical scissors to pierce the child's head at the base of the skull. The abortionist forces the scissors open to enlarge the skull opening. He/she then inserts a suction catheter into the brain and vacuums out the child's brain tissue with a machine 28 times more powerful than a household vacuum.

ru486 - mifeprex

Mifeprex blocks the action of the hormone progesterone, which is needed to maintain the lining of the uterus providing oxygen and nutrients for the embryo. Without it, the baby dies. Mifeprex is used in conjunction with the drug Cytotec (misoprostol) which is taken two days after Mifeprex, causing uterine bleeding (sometimes profuse), strong contractions, and expulsion of the baby.

The pregnant woman first visits the abortionist to obtain 3 Mifeprex pills and returns two days later to receive misoprostol, and a third time to verify that the abortion is complete. The failure rate of this method is about 8% if the pills are taken within 7 weeks and up to 25% at 8-9 weeks. If the baby survives the abortion, there is an extremely high risk that he or she will suffer mental and/or physical birth defects from the Cytotec.

what is the governing force behind the abortion industry?

Money. It is a very lucrative business, the largest unregulated industry in our nation. The product, abortion, is skillfully marketed and sold to the woman at a crisis time in her life. She buys the product, finds it defective and wants to return it for a refund. But, it's too late. Her baby is dead.

do clinics give women all the facts?

No. In my experience, the clinic personnel denied the personhood of the child and the pain caused by the procedure. Every woman has two questions, "Is it a baby?" and "Does it hurt?" The personnel always answered, "NO," lying to secure the consent of the woman and to collect her money. Women were told that we were dealing with a "product of conception" or a "glob of tissue". They were told that there would be only slight cramping, whereas, in reality, an abortion is excruciatingly painful. I know because I had one.

how did you dispose of an aborted baby?

In our clinics we put the first trimester babies down the garbage disposal. We used a heavy duty model.

what complications did you wit- ness?

In the last 18 months I was in the business, we were completing over 500 abortions monthly and killing or

maiming one woman out of 500. Common complications include perforations or tears in the uterus. Many of those result in hysterectomies. The doctor might cut or harm the urinary tract, which then requires surgical repair. A complication that is rarely publicized is one in which the doctor perforates the uterus and pulls the bowels through the vagina, resulting in a colostomy. Some of them can be reversed, others must live with the colostomy for the remainder of their lives.

how did you keep these complica- tions and deaths from the public?

The woman would be loaded into my car (an ambulance outside an abortion clinic is terrible advertising) and transported to a hospital that would protect the doctor and the abortion clinic's reputation. The concern is not with the patient, only in keeping an unblemished reputation. You have a built-in cover-up with the patient's family. They are dealing with their guilt and emotions over the situation and do not want to deal with the added pressure of exposing the truth through the media.

why did you get out of the busi- ness?

I experienced a religious transformation. At the same time a Dallas TV station did an exposé on the abortions performed at one of my clinics on nonpregnant women—all for money! I realized we weren't helping women—we were destroying them.

This text is from an interview with Carol Everett, a former director of four abortion clinics and owner of two in the Dallas/Fort Worth, Texas area. Carol also had an abortion herself.

the spin

in giving we receive

freedom to choose

It sounds almost patriotic. Our great American freedoms: To speak my piece, to peaceably assemble, and to practice the religion of my choice. How can these freedoms be equated with the freedom of a woman to abort her unborn baby? We might as well be "pro-choice" on graffiti, kiddie porn, and prostitution.

a woman's "right"

Women are breaking through the glass ceilings everywhere, surpassing the number of men in college, in law and medical schools. Just look at sports - basketball, soccer, hockey, and wrestling. We've come too far to reduce a woman's "right" to mean the "right to abortion".

it's just tissue

Simple tissue isn't bursting with life, with stem cells that some researchers would kill for, with a beating heart and fingerprints, with enough DNA to fill five sets (not volumes) of Encyclopedia Britannica if the micro-miniature language were enlarged to standard-sized print.

a "wanted" child

Does your value depend on the degree someone wants you? Let's be honest. A child is a child. How could any baby be called unwanted when there are over one million couples waiting, hoping, and praying for a chance to adopt an infant?

"safe" abortion

Many young women believed this until it was too late. The book *Lime 5* documents over 200 cases of women injured or killed by legal, so-called "safe" abortion (see www.prolife.com for details). An aborted fetus, the potential for cervical cancer, the possibility of becoming infertile, so where's the safe part?

back-alley abortions

As tragic as the loss of any life is, there were 39 maternal deaths in 1972, the year prior to the legalization of abortion by the *Roe v. Wade* decision. This number pales in comparison to today's carnage. (see "interview with an insider" pg. 5)

I wouldn't do it, but I can't tell someone else what to do

What if the U.S. citizens had been willing to accept this justification for tolerating slavery? As it is, our "land of the free" offers limited, selective freedom. Our youngest, most vulnerable citizens are still slaves to their mothers' life or death whims.

It was the beginning of my junior year in high school. I was excited, looking forward to another year of diving, gymnastics, and track. But this excitement quickly ended



this process I was able to select from among the prospective adoptive parents. I had the opportunity to establish a personal relationship with them as well as to develop a lasting friendship. The more I got to know them

the more excited I was about placing my baby with this couple. They had so much love and security to offer my child. They were there with me in the hospital when my son was born.

Many tears were shed throughout the nine months and during the hospital stay. But, they were not all tears of sadness. I miss my son very much. I think about him every day and a smile comes to my face. I thank the Lord that He led me to two such special people to be adoptive parents for my child.

when I realized I was pregnant.

When the pregnancy was confirmed, my mind went racing. I was terrified! The idea of having an abortion was never a consideration for me. I could not live with the realization that I was responsible for taking the life of my child - a death because of my actions.

I knew I could love and care for a child, but when I stopped thinking about myself, and thought about what was best for my child, I knew adoption was the right decision. I was sixteen at the time. I wanted to go back to school for my senior year and wanted to participate fully, in sports etc. I wanted to go on to college.

I chose to do an independent open adoption. Through

"Relinquishing my child was the hardest decision I will ever have to make, but I'm more confident than ever that it was the right one."

It has been several years since my son was born. He now has an adoptive sister. I keep in contact with the family through letters and pictures. I can't begin to explain the feelings of pride and contentment that I experience when I see the smile on his face.

I am now a junior in college majoring in paralegal studies. Relinquishing my child was the hardest decision I will ever have to make but I'm more confident than ever that it was the right one.

- Lisa O.

To meet couples who hope to adopt go to www.adoption.com or call this free number for a free video: 1-888-962-3678.

what about rape and incest?

Researchers David C. Reardon, Julie Makimaa, and Amy Sobie completed a nine year study on pregnancy outcomes of sexual assault victims.

As part of their research the authors drew upon testimonies from 192 women who became pregnant as a result of rape or incest, and 55 children conceived in sexual assault. Following are excerpts from their book, *Victims and Victors*:

Sexual assault is actually a contraindication for abortion. A doctor treating a sexual assault victim should advise against abortion precisely because of the traumatic nature of the pregnancy. The testimonies and studies quoted in this book confirm that both the mother and child are helped by preserving life, not by perpetuating violence.

Research shows that after any abortion, it is common for women to experience guilt, depression, feelings of being "dirty," resentment of men, and lowered self-esteem. These feelings are identical to what women typically feel after rape. Abortion only adds to and accentuates the traumatic feelings associated with sexual assault. Rather than easing the psychological burdens, abortion adds to them.

Kathleen DeZeeuw, whose son Patrick was conceived in rape when she was 16, writes: "I, hav-

ing lived through rape, and also having raised a child 'conceived in rape' feel personally assaulted and insulted every time I hear that abortion should be legal because of rape and incest. I feel that we're being used by pro-abortionists to further the abortion issue though we've not been asked to tell our side of the story."

The case against abortion for incest pregnancies is even stronger. Studies

show that incest victims rarely ever voluntarily agree to abortion. Instead of viewing the pregnancy as unwanted, the incest victim is more likely to see the pregnancy as a way out of the incestuous relationship because the birth of her child will expose the sexual

activity.

For example, Edith Young, a 12-year-old victim of incest, writes twenty-five years after the abortion of her child: "The abortion which was to 'be in my best interest' just has not been. As far as I can tell, it only 'saved their (my parents') reputations, solved their problems' and allowed their lives to go merrily on."



Julie and her mom

"It doesn't matter
how I began.

What matters is
who I will become."

Julie Makimaa, (above
right) conceived in rape

the reality of post abortion syndrome

Does Post Abortion Syndrome (PAS) exist?

Yes, much research has been done on this issue. Even representatives of Planned Parenthood, an organization that has historically denied the legitimacy of post abortion traumatization and the idea that abortion involves a human death experience, has affirmed that women can have a variety of emotions following an abortion (grief, depression, anger, guilt, relief, etc.). "It is important to give her the opportunity to air these feelings and be assured that her feelings are normal. The counselor can also help by letting the woman know that a sense of loss or depression following an abortion is common, due to both the end of the pregnancy as well as the physical and hormonal changes that occur after a pregnancy is over."¹

What causes PAS?

Dr. Martha Shuping, a psychiatrist with more than ten years experience in helping women with post abortion issues, offers this explanation:

At least 70% of women having an abortion say they believe it is immoral. But they choose against their conscience because

of pressure from others and their circumstances...

It is precisely because so many women who abort are acting against their consciences and maternal instincts that the psychological impact of abortion can be so profound.²

What are some of the symptoms of PAS?

Guilt is ever present in many guises, along with regret, remorse, shame, lowered self-esteem, insomnia, dreams and nightmares, flash backs, anniversary reactions. There often is hostility, and even hatred, toward men. This can include her husband, and she may become sexually dysfunctional. Crying, despair and depression are usual, even at times with suicide attempts.

Recourse to alcohol or drugs to mask the pain is frequent, sometimes leading to sexual promiscuity.³

How about Specific Studies?

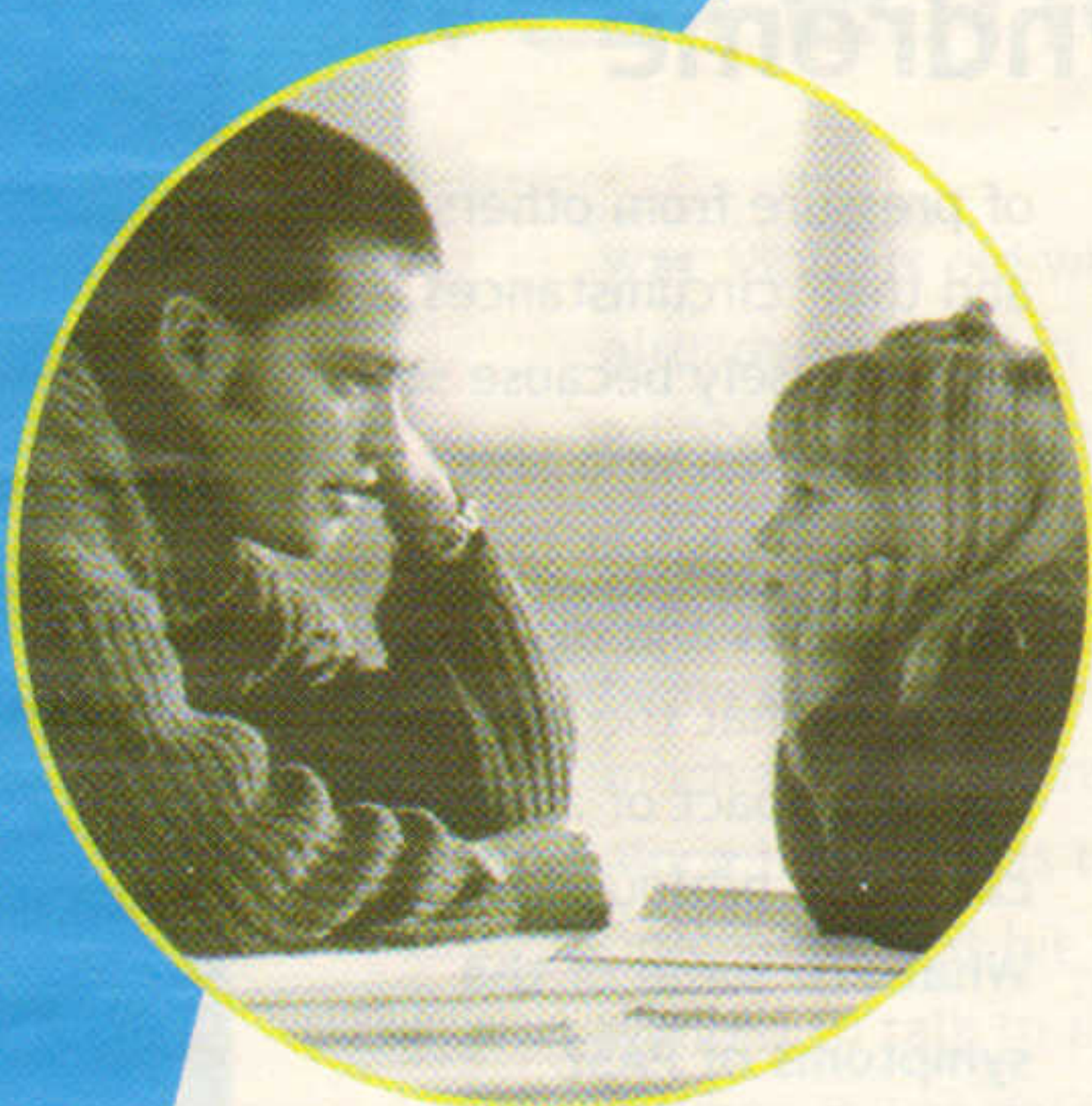
For further reading, and statistics on aborted women, obtain the books: *Aborted Women Silent No More* by David C. Reardon, Ph.D. and *Victims and Victors* by D. Reardon, J. Makimaa and A. Sobie. For more information go to: www.humanlife.org/after-abortion.

1. Saltzman & Policar, quoted in J. of Social Issues, vol. 48, 1992, p.103.

2. *Hope and Healing*, Elliot Institute

3. Willke & Willke. *Why Can't We Love Them Both*, Hayes Publishing Co.

Life Stories



I was a participant in two abortions with my ex-wife...

It has been six years since the last abortion, nine since the decision for the first one.

Every time I see children of the approximate age of the two lost ones, I cry, no matter where ... church, the mall, the park, the library. I want to call their names, Michelle, Danielle, Stephen, William. Their legacy is gone. Their beauty unfinished, nullified by a decision to which I agreed...

I have gone from pro-choice to pro-child."

- E-mail message to
Human Life Alliance

"T

im, I think I'm pregnant." It was New Year's Eve. My boyfriend sighed deeply, his gaze remaining fixed on the TV. He then muttered something that made me feel already deserted. I felt a sour lump in the back of my throat. Yes, I was pregnant, and I was scared!

I knew from firsthand experience how tough it is raising a child as a single mother. I already had a 2-year old daughter, Jennifer, from an earlier unsuccessful marriage. When my pregnancy was confirmed, Tim's non-committal response to my distress and his move to Chicago, 400 miles away, left me despondent and convinced that abortion was the "easy way out." I was already struggling financially with one child. How could I raise two?

I felt desperately alone. I often cried myself to sleep. I decided to confide in a couple of college professors who collected money to fly me out of town to have an abortion. Now I was obligated to go through with it. Still, I agonized!

I was summoned to the room where the abortions are performed. I could hear a woman sobbing hysterically in the recovery room. That memory haunts me still.

As the doctor was examining me, prior to performing the abortion, he suddenly stopped and said to the nurse, "Get her out of here! She's too far along!" Relief instantly washed over me! How odd! I had thought I wanted an abortion but now felt instantly relieved to know I was still pregnant.

I decided to use every ounce of courage I could muster to deal with my pregnancy. My ambivalence turned into love for my unborn daughter, Melanie.

It took energy and creativity to support the three of us.

During the first year of Melanie's life, she attended classes with me. When my daughters were preschool age and in daycare, I obtained a job as bookkeeper for the daycare center they

attended. If they needed a hug, they could come into my office and get one. Other means of support included: Renting rooms to students; teaching evening classes at the community college; and operating a typing business out of the dining room of my student housing which, again, enabled me to be with my children while working.

My two daughters inspired me to do great things. They never stood in the way of my career. I finished my degree; then I went on to get my Master's and Ph.D. Besides being a proud mother, I am happily married, a published author, a motivational speaker, and a part-time musician.

When we endure something tough, our character and self-esteem are strengthened. Many women who have confessed to me that they've had abortions have discovered that the "easy

way out" is just an illusion. Some are in abusive relationships. Some are on anti-depressants. Others just seem detached from life. Some sadly remember their aborted child's "would be" birthday each year.

I cannot promise that it will be easy. I can only promise that the anguish will pass and there are people who will help you through this trying time. One day you will look back on the birth of your child, and know that you did the right thing.

Sincerely,
Dr. Angela Woodhull

"When we endure something tough, our character and self-esteem are strengthened."



Pregnant?

Had an abortion?

We can help . . .

1-800-848-5683

www.pregnancycenters.org